

INFORMATION AND TECHNOLOGY – FACTSHEET NO. 6

Computers for the Disabled

Computers for the Disabled is a registered charity which recycles old PCs and laptops, making them to your specification. This service is either free or you pay for any adaptations or expenses that the charity incurs. For more information contact Paul Harris on 01268 284834 by email at BigPaulH@blueyonder.co.uk

BT Basic

BT Basic is a low cost phone line rental service for people on benefits. You will be eligible for this if you are in receipt of:

- Income Support
- Income-based Jobseeker's Allowance
- Pensions Credit (Guaranteed Credit)
- Employment and Support Allowance (Income related)
- Universal Credit (and are on zero earnings)

For more information, please visit:

<https://btplc.com/inclusion/ProductsAndServices/BTBasic/Overview/index.htm>

Ability Net

Free computer help and IT support for disabled people. AbilityNet exists to change the lives of disabled people by helping them to use digital technology at work, at home or in education. Free helpline 0800 269 545. Visit www.abilitynet.org.uk/freeservices

U Can Do It Project

A charity providing tuition to people with sensory, physical and age related disabilities who want to learn how to use a computer and the internet in their own home. For more information call 0208 673 3300 or email enquiries@ucandoit.org.uk or visit www.ucandoit.org.uk .